# Café du Parc

## BREAKFAST

**MONDAY - SATURDAY 9am – 12 noon**

**Café du Parc Breakfast Banana Split €10**
Seasonal Berries, Greek Style Yogurt, Raspberry and Elderflower Compote, Toasted Pecans (C)

**Café du Parc Pineapple Breakfast Bowl €10**
Chargrilled Pineapple, Blueberries, Quinoa, Coconut, Dates, Natural Yoghurt & Toasted Walnuts (Vegan Option Available)

**French Toast €10.50**
Café du Parc French Toast on Cinnamon Brioche Bread with Sliced Banana, Candied Pecans, Fresh Whipped Cream and Maple Syrup (V)

**Café du Parc Artisan Breakfast Skillet €13.50**
Maple Syrup Glazed Sticky Bacon, Black Pudding & Thyme Sausages,Sautéed Potatoes, Two Farm Fresh Eggs

**Scrambled Eggs on Grilled Sourdough €8.50**
Vine Ripe Roasted Tomatoes (V)

**Avocado Toast €9.50**
Crushed Avocado, Vine Ripe Tomato, Two Free-Range Poached Eggs, Grilled Sourdough Bread (V)

**Vegan Avocado Toast €9.50**
Crushed Avocado & Lime, Spiced Chickpea and Sun-Dried Tomato, Chia and Pumpkin Seeds on Grilled Sourdough Bread (VG)

**Banana, Chia Seed & Peanut Butter Sourdough Toast €9.50**
Sliced Banana, Peanut Butter, Chia Seed, Honey (V)

**Café du Parc Eggs Benedict €9.50**
Poached Eggs, Honey Glazed Ham, Spinach, Hollandaise Sauce, English Muffin

## LUNCH

**MONDAY - SATURDAY 12 noon – 5pm**

**Soup of The Day €6.50**
With Homemade Soda Bread

**Wild Atlantic Seafood Chowder €9.50**
Mussels and Clams in a Rich Fish Cream with Homemade Soda Bread

**Cromane Strand Mussels in a White Wine Cream**
Soda Bread, Homemade Smoked Salmon and Dill Butter
**Starter €9.50**
**Main Course with Chips €13.50**

**Toonsbridge Grilled Halloumi Salad €13.50**
Grilled Halloumi Cheese, Pickled Beetroot, Israeli Couscous, Roasted Sweet Potato, Local Organic Salad Leaves, Candied Pecans, Apple and Balsamic Dressing (V)

**Café Du Parc Superfood Salad**
Quinoa, Kale, Blueberries, Broccoli, Sunflower Seeds, Grapes, Soya Beans, Cranberries, Crushed Avocado, Walnuts, Chia Seeds and a Citrus Dressing
**Starter €10.00**
**Mains €13.50**
**Add to your Superfood Salad:**
**Grilled Chicken €3.00**
**Pan-Fried Prawns €4.00**
**Halloumi €4.00**

**Avocado Toast €9.50**
Crushed Avocado, Two Free-Range Poached Eggs, Vine Ripe Tomato, Grilled Sourdough Bread. (V)

**Vegan Avocado Toast €9.50**
Crushed Avocado & Lime, Spiced Chickpea and Sun-Dried Tomato, Chia and Pumpkin Seeds on Grilled Sourdough Bread (VG)

**Fish and Chips €16.90**
Killarney Craft Beer Battered Fresh Cod, Homemade Fries, Mushy Peas and Curried Tartare Sauce

**Beef Burger in a Bun €16.90**
Grilled Beef Burger, Emmental Cheese, Crispy In-House Maple Syrup Glazed Bacon, Baby Gem Lettuce, Tomato

**Southern-Fried Chicken Burger €16.00**
Buttermilk Marinated Southern Fried Chicken Breast, Celeriac, Apple & Sultana Slaw, Blue Cheese Ranch Dressing

**Blackened Cod Fillet Burger €16.50**
Served in a Beetroot Bun, Creamy Avocado, Sriracha Mayonnaise, Mango Chilli and Lime Salsa

**Moroccan Style Chickpea Burger €16.00**
Tomato Salsa, Vegan Raita, Beetroot Bun (V, VG)

**All Burgers served with Fries**

## SANDWICHES

**Café Du Parc Club Sandwich €9.50**
Smoked Roast Turkey, Crispy Oak Smoked Bacon, Avocado, Beef Tomato, Egg, Baby Gem Lettuce, Basil and Roasted Garlic Mayonnaise, Olive Focaccia

**Lemon & Garlic Roasted Chicken €9.50**
Rocket Leaves, Sundried Tomatoes, Avocado, Parmesan Cheese, Aged Balsamic Reduction, Homemade Soda Bread)

**Smoked Wild Atlantic Salmon €10.00**
Pickled Cucumber, Baby Gem Lettuce, Crispy Capers, Lemon & Pomegranate Mayonnaise, Homemade Soda Bread

**St. Tola Goats Cheese €10.50**
Balsamic Marinated Portobello Mushrooms, Roasted Red Peppers, Eggplant Caviar, Toasted Pine Nut and Roasted Garlic Pesto on Focaccia (V)

**Grilled 6.oz Sirloin Sandwich €16.90**
Red Onion Marmalade, Rocket and Parmesan Salad on Homemade Sourdough Bread, with Fries and Peppercorn Sauce

**Café Du Parc Signature Wrap €9.50**
Southern Fried Chicken Breast, Smoked Tomato Relish, Baby Gem Lettuce and Carrigaline Cheddar

**Café Du Parc Toasted Special €9.50**
Honey Glazed Ham, Semi Sundried Tomatoes, Carrigaline Cheddar & Onion Relish on a White Bloomer

## DESSERTS

**All desserts €7.50**

**Honeycomb & Salted Caramel Cheesecake**
Hazelnut Biscuit, Caramelised Bananas (V)

**Chia Seed, Blueberry & Coconut Milk Pudding**
Toasted Hazelnuts (V, VG, C)

**Bittersweet Chocolate Tart**
French Vanilla Bean Ice-cream, Pickled Raspberries

**Ice-cream Selection**
Strawberry, Vanilla & Chocolate, Wafer Basket (V)

**Lavender & Honey Panna Cotta**
Poached Summer Berries, Homemade Peanut Brittle

**Strawberry & Lemon Curd Meringue Roulade**
Toasted Pistachio Nuts, Mint Chocolate Chip Ice-cream (V, C)

**Cashel Blue Cheese with Port Wine Poached Pear**
Candied Pecans, Smoked Salt Cracker (V)

## FUNKY BRUNCH

**SUNDAY 10am – 5pm**

**Eggs Benedict €7**
Poached Eggs, Hollandaise Sauce, English Muffin (V)

**Eggs Benedict with Honey Glazed Ham €9.50**
Hollandaise Sauce, Poached Eggs, English Muffin

**Eggs Benedict with Spinach, €9.50**
Poached Eggs, Hollandaise Sauce, English Muffin (V)

**Eggs Benedict with Smoked Salmon €10**
Poached Eggs, Hollandaise Sauce, English Muffin (V)

**Corned Beef & Chorizo Hash €13.50**
Local Sourced Corned Beef, Chorizo and Potatoes with Two Fried Eggs, on Grilled Sourdough Bread with Smoked Tomato Relish

**Homemade Waffles €9**
Chocolate Sauce, Ice-cream (V)

**Buttermilk Chicken and Waffles €14.50**
Homemade Southern Fried Butter Milk Chicken, Crispy Streaky Bacon, Maple Syrup and Blue Cheese Dip

**Café du Parc Artisan Breakfast Skillet €13**
Maple Syrup Glazed Sticky Bacon, Black Pudding & Thyme Sausages, Sautéed Potato, Two Farm Fresh Eggs

**Avocado Toast €9.50**
Crushed Avocado, Vine Ripe Tomato, Two Free-range Poached Eggs, Grilled Sourdough Bread

**Vegan Avocado Toast €9.50**
Crushed Avocado & Lime, Spiced Chickpea and Sun-Dried Tomato, Chia & Pumpkin Seeds on Grilled Sourdough Bread

**French Toast €8**
Maple Syrup, Crème Fraîche

**Fish & Chips €16.90**
Killarney Craft Beer Battered Fresh Cod, Homemade Fries, Mushy Peas and Curried Tartare Sauce

**Moroccan Style Chickpea Burger €16**
Tomato Salsa, Vegan Raita, Beetroot Bun (V, VG)

**Southern-Fried Chicken Burger €16**
Buttermilk Marinated Southern Fried Chicken Breast, Celeriac, Apple & Sultana Slaw, Blue Cheese Ranch Dressing

**Café du Parc Club Sandwich €9.50**
Smoked Roast Turkey, Crispy Oak Smoked Bacon, Avocado, Beef Tomato, Egg, Baby Gem Lettuce, Basil & Roasted Garlic Mayonnaise, Olive Focaccia

**Only food purchased on the premises may be consumed on the premises. Thank you.**

**C: Coeliac V: Vegetarian VG: Vegan**